

BUKHU LA MLIMI



NDONDOMEKO YA KALIMIDWE KAMAKONO KA TSABOLA



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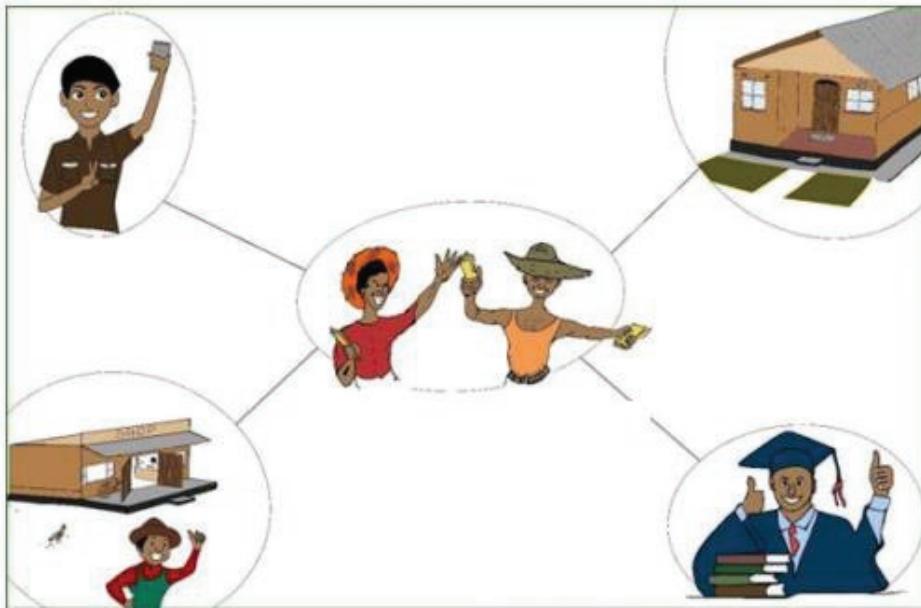
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Contributors

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Mutu 1: Kukonzekera ulimi watsabola



a. Kodi chithunzi chilimwambachi, chikufotokoza chani zaulimi wa tsabola?

- Ungatithandize kupeza zofunika zapakhomo monga chakudya ndi zovala
- Ndalama zaulimi watsabola zingatithandize kutukuka kapena kuyambitsano ma business ena ang'onoang'ono
- Tingaphunzitse ana athu sukulu
- Tithanso kukwaniritsa kumanga ndikukhala ndi nyumba

b. Kodi timakonzekela bwanji ulimi wa tsabola?

Mlimi akuyenera kukhala ndi kalendala ya zamalimidwe, kupeza malo oyenera, kugula zipangizo zoyenera paulimi, kudziwa upangiri oyenera pa ulimi komanso kuziwa za misika.

c. Kodi kusunga malekodi ndikofunika pa ulimi watsabola?

Kusunga malekodi ndikofunika paulimi chifukwa kumathandizira mlimi kudziwa ndalama zolowa komanso zotuluka mu biznesi yake ya tsabola.

| No. Activity | Aug | Sept | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Jun | Jul |
|--|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1.0 Nursery establishment | | | | | | | | | | | | |
| 1.1 Site selection for nursery and field | | | | | | | | | | | | |
| 1.2 Bush clearing | | | | | | | | | | | | |
| 1.3 Tilling | | | | | | | | | | | | |
| 1.4 Harrowing | | | | | | | | | | | | |
| 1.5 Making nursery beds | | | | | | | | | | | | |
| 1.6 Sterilizing nursery beds | | | | | | | | | | | | |
| 1.7 Making ridges in the field | | | | | | | | | | | | |
| 1.8 Seed sourcing | | | | | | | | | | | | |
| 1.9 Sowing seed | | | | | | | | | | | | |
| 2.0 Crop management | | | | | | | | | | | | |
| 2.1 Irrigation | | | | | | | | | | | | |
| 2.2 Mulching | | | | | | | | | | | | |
| 2.3 Weeding | | | | | | | | | | | | |
| 2.4 Pests and disease control | | | | | | | | | | | | |
| 2.5 Hardening off | | | | | | | | | | | | |
| 3.0 Transplanting of seedlings | | | | | | | | | | | | |
| 4.0 Field management | | | | | | | | | | | | |
| 4.1 Irrigation | | | | | | | | | | | | |
| 4.2 Manure application | | | | | | | | | | | | |
| 4.3 Weeding | | | | | | | | | | | | |
| 5.0 Pest and disease management | | | | | | | | | | | | |
| 6.0 Harvesting | | | | | | | | | | | | |
| 7.0 Post-harvest handling | | | | | | | | | | | | |
| 7.1 Drying | | | | | | | | | | | | |
| 7.2 Grading | | | | | | | | | | | | |
| 7.3 Packaging | | | | | | | | | | | | |
| 7.4 Storage | | | | | | | | | | | | |

d. Mlimi angasunge malekodi anji kuti ulimi wake uteke?

- i. Malekodi a ndalamu zogulira zipangizo ndiupangiri
- ii. Malekodi a antchito ndi zina zonse zofunika pa ulimi

e. Ndzipangizo zanji zoyenera kukhala nazo pofuna kukwanirtsu ulimi watsabola?

- i. Mbewu yovomerezeka
- ii. Manyowa
- iii. Mankhwala ophera tizilombo
- iv. Zipangizo zokololera komanso zosungira tsabola

Mutu 2: Kukonza Manyowa



a. Kufunika kwa manyowa ndikotani paulimi watsabola?

Manyowa ndi chakudya chabwino chambewu komanso amathandizira kabwezeretsa chonde mnthaka

b. Ndimanyowa anji omwe timagwiritsa ntchito?

Bokashi, Chimato, Changu, Chinese, Manyowa apa nkuti, Windrow, a ziweto

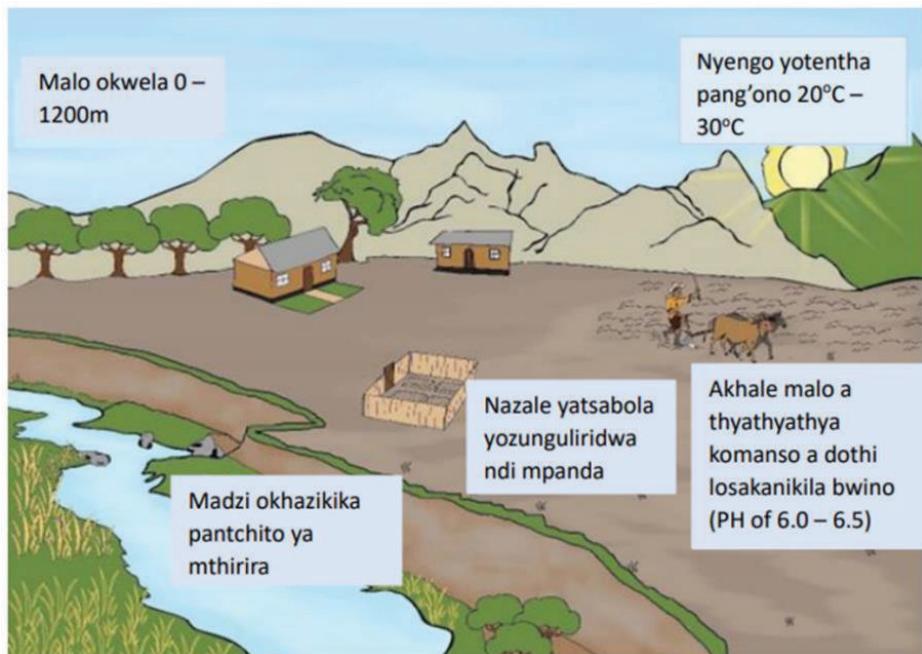
c. Tikuyenera kukhala ndzipangizo zotani kuti tipange manyowa

Manyowa osiyasiyana amafunanso zipangizo zosiyana. Funsani alangizi azamalimidwe pa zipangizo zoyeneradi. Kodi tikonze liti manyowa?

d. Kodi tikonze liti manyowa?

Konzani manyowa kumayambiliro kwa chaka chaulimi, mvula isanafike.

Mutu 3: Kukonza ndi kusamalira tsabola



Pa Nazale

a. Kodi zoyenera kuwunikira posankha malo ofesapo tsabola ndi ziti?

- Kufupi ndi madzi, Kufupi ndi nyumba, malo otsika pang'ono kuti azitaya madzi komanso malo osaphimbika ndi chilichonse (mitengo)
- Malo amene sipanalimidwepo mbewu zamgulu limodzi la tsabola ngati tomato, mbatata, fodya, mabilinganya, kwa zaka zitatu zapitazo

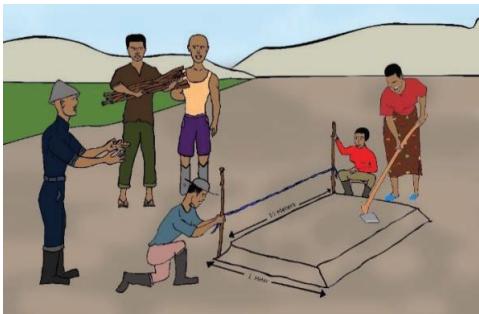
b. Kodi mbewu yabwino ya tsabola ndiyotani?

- Mbewu yosasakaniza, komanso yomwe ingamere

c. Mbewu yatsabola tingayipeze kuti?

- Mbewuyi tingayipeze ku Agwenda komanso makampani ena ovomelezeka ndi boma
- Mbewu yosunga nokha koma mwadongosolo
 - Sankhani ndikuyika chizindikilo pa mbewu zathanzi mmunda
 - Thyolani tsabola pambewu zomwe munayika chizindikiro ndipo ayanikidwe payekha
 - Chotsani njere zatsabola nkusunga pabwino

iv. Tingakonze bwanji nazale?



Tikuyenera kutchetcha zomera (osatentha moto), kugalawuza malo (25 – 30 cm kuzama), kukonza mabedi (mabedi akuyenela kukwera ndi 15 cm) ndikupha tizilombo tomwe timayambitsa matenda poyatsa moto mwandondomeko iyi

- ▶ Kuthira madzi pabedi
- ▶ Kuyika mapesi achimanga kapena timitengo

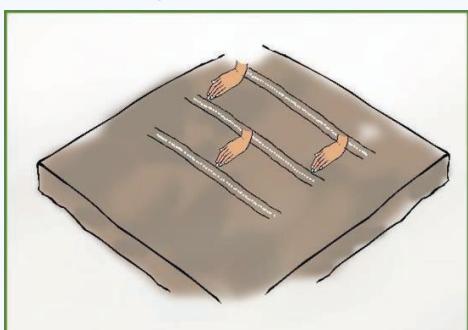
Kufesa

a. Tifese bwanji tsabola?

Tikuyenera kutchetcha zomera (osatentha moto), kugalawuza malo (25 – 30 cm kuzama), kukonza mabedi (mabedi akuyenela kukwera ndi 15 cm) ndikupha tizilombo tomwe timayambitsa matenda poyatsa moto mwandondomeko iyi

- ▶ Thilani madzi pabedi
- ▶ Konzani timizere tolowa 0.5cm pa mbewu zing'onozing'ono
- ▶ Fesani m'mizele kapena kuwaza

b. Tichite bwanji tikamaliza kufesa?



- Kwilirani pang'ono ndi mchenga kuti zimere nsanga
- Vindikirani bedi ndi udzu (opanda njere, matenda kapena tizirombo) pofuna kusunga chinyontho
- Chotsani udzuwu mbewu zikayamba kumera
- Kuphimbitira ndikuthilira mabedi ndizofunika kwambiri kuyambira pomwe tafesa mbewu zathu



Kodi kuphimbira kuli ndi ubwino wanji?

- ▶ Kumapewetsa kuluza madzi kuchokela munthaka Kamba kadzuwa
- ▶ Kumachepetsa kumela kwa mbewu zosafunika pamunda
- ▶ Kumatezea kukokoloka ndi kugwirana kwa dothi



Ubwino okweza zophimbira ndikotani?

- ▶ Kumathandiza kusunga chinyezi kwambewu zimene sizinamele
- ▶ Kupewetsa mbewu zomera kuti zisafote
- ▶ Kupewetsa kuti mbewu zomera zisatchoke pothilira

Dziwani! Zophimbirazi zikhale zochepa pofuna kulola kuti dzuwa lifikile mbewu

Kupalira

Kupalira kumathandizira kuchepetsa mpikisano pakati pambewu zathu ndi mbewu zosafunika mmunda.

Tipalire bwanji?

- ▶ Zulani mbewu zosafunikira pogwiritsa ntchito manja, mukhonzanzo kugwiritsa ntchito kakhasu kakang'ono.
- ▶ Pewani kuzulira udzu limodzi ndi mbewu zanu

Kuthilira

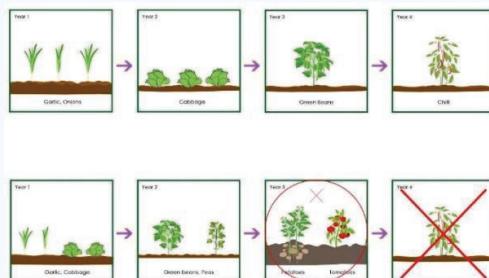
Dziwani! Pewani kuthira madzi ochuluka kwambiri kumbewu zanu. Tsatilani njira iyi:



Mutu 4. Kumunda

Kukonza munda

Tsabola akuyenela kulimidwa mosatsogozana ndi mbewu zamgulu lake monga mmene taonela mgawo 3



- ▶ Chitsanzo chambewu zomwe zitha kulimidwa motsogozana ndi tsabola monga mmene ziliri mchithunzichi
- ▶ Anyezi, kabichi, nyemba ndi tsabola

Kuwokera

Kodi tiwokere liti tsabola?



- ▶ Thilirani mutangotha kuwokera
- ▶ Wokerani mbande zokhazo zimene zili zosagwidwa matenda komanso zathanzi
- ▶ Ndipo tayani mbande zonse zomwe zili zofooka, zamatenda komanso zopindika mizu
- ▶ Okelani mmizele ndipo mbewu zitalikilane 30 kulekeza 60 centimita Thilani manyuwa padzenje lomwe muwokere mbewu yanu

Wokerani pamene mbewu zili pafupifupi 1.5 cm (pamene zili za masabata 5 ndi 6)

Nanga tiwokeler bwanji?

- ▶ Thilirani nazale, ndipo muzule mbande mosamala pamodzi ndidothi lomwe lazungulira
- ▶ Wokenerani kumayambiliro kwanyengyo ya mvula kuti zigwire bwino
- ▶ Onetsetsani kuti mbande zofanana mmakulidwe zili mu nzere umodzi
- ▶ Pewani kupinda mizu

Kuthilira

Tithilire liti?

- ▶ Thilirani pafupi pafupi maka kamodzi pasabata kutengera nyengo
- ▶ Pakapita masabata atatu chidzalireni, thilirani tsiku lilironse ngati sikugwa mvula
- ▶ Chepetsani mlingo othilira kufikira masiku atatu pa sabata

- ▶ Tsabola amafuna madzi okwanira 5–6ml

Dziwani!

- Onetsetsani kuti mwathilira tsabola wanu nthawi imene akuchita maluwa
- Osathilira madzi opitilira muyeso popewa matenda
- Pangani akalozera, mabeseni, makontuwa ndi ulimi wamtaya khasu ngati njira yosungira madzi mmunda

Kupalira

Kodi ubwino opalira ndiwotani?

Palirani tsabola wanu kuti muchepetse mpikisano omwe ungakhalepo pakati pa tsabola ndi mbewu zina pachakudya chamnthaka komanso duwa.



- ▶ Palirani nthawi zonse pamene udzu wamela

- ▶ Palirani munda watsabola pogwiritsa ntchito khasu, mankhwala ophera udzu, pozula ndi manja komanso popimbira
- ▶ Onetsetsani kuti mwasamalira mizu yatsabola pomwe mukupalira ndi khasu
- ▶ Kuphimbira kumalepheretsa udzu kumera mmunda watsabola
Mankhwala ophera udzu ndi njira yodalirika, koma imafunika ndalamana yochuluka. Funsani alangizi azamalimidwe mdera lanu zamankhwala ovemerezeka ndikathiridwe kake

Kuthira manyowa/ feteleza

Kufunikira kothira manyowa ku mbewu yatsabola ndi kotani?



- ▶ Manyowa amakonza dothi la mmunda kuti ligwirane bwino
- ▶ Amathandiziranso kuti madzi asungike mnthaka
- ▶ Amapereka zakudya ku mbewu komansotimichere tofunikira kuti tsabola akule ndi thanzi
- ▶ Pali manyowa ochokera ku ziweto, akumunda komanso a masamba
- ▶ Dziwani! Feteleza wa chitowe komanso urea ali ovemerezeka kuthira mutsabola ndipo amathandizila;

Kuti tsabola akule bwino komanso amachulukitsa zokolola.

Motsogozedwa ndi alangizi azamalimidwe fufuzani za dothi la mmunda wanu ndikupeza feteleza kapena manyowa oyenelera.

Mutu 5 Kuteteza ku tizirombo ndi matenda

Tizilombo tomwe timawononga tsabola



Nsabwe/Chinoni



Mphuzi



Larva



Ntchentche zoyeria



Top surface of the leaf



Underside of the leaf



Mandolo

Matenda a tsabola



Nthombwa



Kafota



Chiwawu



Matenda obwera chifukwa
cha tizilomba tamavayilasi

Kuthana ndi tizilombo

- i. Pogwiritsa ntchito njira yakasakaniza yomwe imaphatikiza kugwiritsa ntchito mankhwala, kupha tizilombo ndi manja, komanso kugwiritsa ntchito zamoyo
- ii. Kufufuza tizilombo mmunda (scouting)
 - *Izi zimathandiza mlimi kuti apange chiganizo chabwino chanjira yotetezera tsabola kutizilombo ndi kumatenda*
 - *Pofufuza tizilombo, yendelani munda onse moppinga kufikira mbali zonse zamunda*

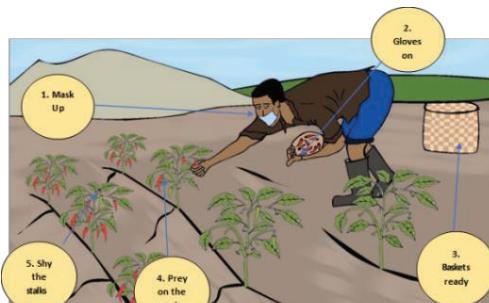
Mankhwala opha tizilombo komanso matenda

DZIWANI! Matendawa kapena tiziromboti timathanso kugwira mbeu pa nazale

Mutu 6: Kukolora tsabola

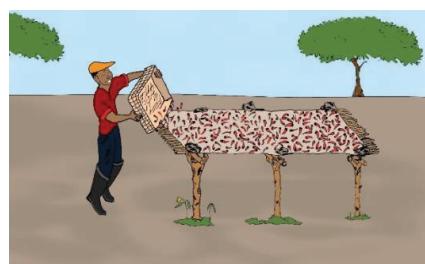
Tingaziwe bwanji kuti mbewu yathu yatsabola ikuyenela kukololedwa?

- Tsabola amawoneka ofiyila
- Tcholani tsabola mwachangu popewetsa mbalame
- Tcholani tsabola mosamala potchola tsabola yemwe ali ofiyila osati ndi mtengo omwe (kamchombo)
- Tivale zovala zozitetezela monga masiki komanso magolovesi
- Musayike tsabola mmapulasitiki popewa kuwola
- Gwiritsani ntchito madengu kapena matumba a thonje potchola tsabola



Kuyanika tsabola pa thandala

- Yanikani tsabola kuti asawole komanso asungike nthawi yayitali
- Thandala (mlitali 1 – 1.5m, lokwela mmmwamba 1m) likhale malo ofika dzuwa
- Yalani matumba a thonje kapena bango pa thandala
- Onetsetsani kuti tsabola sanasanjizikane pamwamba, koma yense akuwombedwa ndidzuwa
- Tsabola asawume kwambiri kuposela mlingo wa madzi wovomelezedwa pamsika (8 – 10 %)



Kusankha ndikusunga tsabola

Ndichifukwa chani tikuyenela kusankha tsabola?

- Kuti tipeze phindu popeza tsabola amagulidwa m'magiledi

Tisankhe bwanji tsabola?

- Chotsani zinthu zomwe zisali tsabola
- Chotsani tsabola wakuda kapena owola
- Chotsani tsabola osakanikira mitundu
- Ikani tsabola wamlingo ofanana pamodzi

Magiledi atsabola

Giledi A: Tsabola owuma bwino, opanda chilema, ofiyila kwambiri

Giledi B: Tsabola yense osafikila giledi A

Dziwani! Funsani alangizi kuti akuwonetseni zithunzi zamagiledi

Kusunga tsabola

Tisunge bwanji tsabola?



- Sungani tsabola owumitsidwa bwino m'matumba a thonje (hessian bags) omwe amathandiza kuti mpweya ujidutsa komanso amachepetsa mphamvu yadzuwa, amathandiziranso kuti tsabola akhale ndi mlingo wabwino wachinyontho
- Tsabola asungidwe malo owuma komanso ozizira (0°C kufikila 4°C)

- Tsabola asungidwe matalikana ndi katundu wina okhala ndi fungo monga mankhwala a mbeu
- Tsekulani mawindo anyumba yosungira tsabola kuti mudutse mphepo, makamaka pomwe kunja kuli bata
- M'malo osungira tsabola musapezeke tizilombo
- Muzimuyang'ana tsabola wanu paupipafupi kupewa kuti angawole kapena kuchita chinyezi

